

## **BRITISH KENDO ASSOCIATION**

### **JODO SUMMER SEMINAR 2010 - JODO GRADING QUESTIONS**

Please answer the following questions as required for your grade. You may use illustrations to emphasise your point. Please however try to restrict your response to no more than four sides of A4.

To be returned to:

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By no later than **12<sup>th</sup> August 2010**

#### **Shodan and Nidan**

These questions should be answerable from the Seitei Jodo Manual or from asking one's Sempai/Sensei:

1. With the aid of a diagram, show the foot and body position for ma-hanmi e.g. when in hikiotoshi kamae for instance.
2. Explain the front hand position in Gyakute Uchi.
3. Where is tachi's thrust aimed at in the kata Sakan?
4. Describe two safety checks for your own person before starting jodo training.
5. Name the 3 grading points for the Shijo in Tsukizue.

#### **Sandan and Yondan**

These questions should be answerable from research from the Seitei Jodo Manual, one's own sensei and other external sources such as books, the internet, other senior teachers.

1. Name the initial kamae taken for seitei kata no's. 2, 3 and 7.
2. Explain exactly how Hissage-no-kamae should be constructed and the important points in the completed posture.
3. What is the name of the koryu school of jojutsu from which Seitei Jodo originates from?
4. Name three principal students of Shimizu Takaji Sensei.
5. Explain the meaning of HEIJOSHIN.

## Sources of Information

### Publications:

- “Zen Nippon Kendo Renmei Jodo: English Version Manual”; All Japan Kendo Federation, 2006
- “Shinto Muso Ryu – Jodo Kyohan”; Shimizu Takaji, 1976
- “Classical Bujutsu – The Martial Arts and Ways of Japan: Volume 1”; Donn F. Draeger, 1976
- “Comprehensive Asian Fighting Arts”; Donn F. Draeger, Robert W. Smith
- “Sword & Spirit – Classical Warrior Traditions of Japan Volume 2”; Diane Skoss

### Websites:

- <http://www.kendo.org.uk/> - British Kendo Association
- [http://ejmas.com/jnc/jncart\\_taylor\\_0900.htm](http://ejmas.com/jnc/jncart_taylor_0900.htm) - A Brief History of ZNKR Jodo by Kim Taylor
- <http://www.fej.ch/> - European Jodo Federation