

## Chiba sensei Seminar times

Friday 3rd July - 10.00am : 18.00pm  
Saturday 4th July - 09.00am : 18.00pm

Lunch time to be decided.

Sunday 5th July - 09.00am : 13.00pm - British Open Taikai  
Sunday 5th July - 14.00pm Grading

Registration/Sign-in 30 minutes before morning start.

## Finding the University

Satnav: BN1 9RH is the University postcode

Directions from within the UK available here:  
[www.sussex.ac.uk/aboutus/findus/uktravel.php](http://www.sussex.ac.uk/aboutus/findus/uktravel.php)

Google map of local area:  
[www.sussex.ac.uk/aboutus/findus/google.php](http://www.sussex.ac.uk/aboutus/findus/google.php)

Campus map:  
[www.sussex.ac.uk/images/maps/content/image04.jpg](http://www.sussex.ac.uk/images/maps/content/image04.jpg)

## Finding the Sports center

The sports center is building 56 on the campus map, bottom left.  
We are in Hall 1, the biggest. The car park is P 5.

If driving along the A27 towards Lewis on the A27 turn left into Falmer House road. This left turn is immediately before the slip road leading up to a roundabout at the main University entrance.

## Accommodation

You need to pick up, sign for and return your room key

Day until 16:45: East Slope building reception (building 4, map top right)  
Out of hours : York House 24 hour reception (building 9, map top left)

Accommodation is individual rooms, is self catering and includes a shared kitchen

## Eating

On-campus catering available at Bamber House  
[www.sussex.ac.uk/catering/1-2-1.html](http://www.sussex.ac.uk/catering/1-2-1.html)

Weekday Opens at 08:30

Saturday Opens at 09:00

Lunch at Downs Restaurant on First Floor

Weekday 12:00-14:00

Information on Campus Cafés

[www.sussex.ac.uk/catering/1-2-8.html](http://www.sussex.ac.uk/catering/1-2-8.html)

Local bus route information

[www.buses.co.uk/travel/pdfmaps.aspx](http://www.buses.co.uk/travel/pdfmaps.aspx)

Closest superstore by car

[www.asda.co.uk/corp/storelocator\\_frameset/storelocator\\_frameset.htm](http://www.asda.co.uk/corp/storelocator_frameset/storelocator_frameset.htm)

ASDA

Brighton Hollingbury

Unit 1 Crowhurst Road, off Carden Avenue

Hollingbury - Brighton - East Sussex

BN1 8AS

Tel: 01273 541166

Mon Opens 7:30am

Tue 24hrs

Wed 24hrs

Thu 24hrs

Fri 24hrs

Sat Close 10pm

Sun 10am- 4pm

Closest superstore by bus is Sainsburys

Catch a Number 25 into Brighton, stops as Sainsburys.

93 Lewes Road

BRIGHTON

Sussex

BN2 3QA

Tel: 01273 674201

Tue 0800 2200

Wed 0800 2200

Thu 0800 2200

Fri 0800 2200

Sat 0800 2200

Sun 1000 1600